

## Benefits of tobacco cessation and risks of continued use in patients with cancer

Tobacco cessation leads to:	Continued tobacco use after diagnosis leads to:
<ul style="list-style-type: none"><li>• Improved treatment outcomes</li><li>• Reduced side effects</li><li>• Improved survival</li><li>• Decreased risk of infection</li><li>• Improved breathing and increased energy</li><li>• Improved quality of life</li></ul>	<ul style="list-style-type: none"><li>• Higher complication rates from surgery and slower recovery</li><li>• Higher treatment-related toxicity from chemotherapy and radiotherapy</li><li>• Increased risk of cancer recurrence</li><li>• Increased risk of other serious ailments such as cardiovascular and respiratory disease</li><li>• Reduced treatment effectiveness</li><li>• Safety risks for patients with reduced consciousness or on oxygen</li><li>• Increased risk of second primary cancer</li><li>• Shorter survival</li></ul>